

September 1, 2021

Dear Parents/Guardians,

It is with pleasure and enthusiasm that I begin my sixth year working in the health office here at Miles River Health Office. The pandemic continues to have an impact on all of our lives. My District Nurse colleagues and I continue to stay current with all COVID-19 developments and are prepared to offer testing to students and staff through our symptomatic testing, weekly safety checks (pool testing) and test and stay quarantine program. I am hopeful that later this fall we will see access to COVID-19 vaccine for all of our students. I bring to the position many years of experience in the profession of nursing as well as years of experience as a parent of my own children who are students in our District.

Over the summer, I spent time taking courses entitled "Identifying Eating and Exercise Disorders", "Health, Wellness and Fitness: A New Look", "The Impact of Trauma on Learning" and "PBIS - Positive Behavior Intervention Strategies 101". I'm excited to incorporate the material I learned into my nursing practice. I also participated in two book groups the District offered. [Quiet: the Power of Introverts in a World that Won't Stop Talking](#) and [Stamped](#). It was a very rich experience to read and reflect with colleagues throughout the District. I would wholeheartedly recommend these books for your consideration and would be happy to hear your thoughts about how these issues impact our students.

The role of the school nurse is to address acute illnesses and injuries, provide care throughout the day for students with chronic illnesses, perform State Mandated health screenings, and to provide health education and support. The school nurses in our District undertake all these activities in the effort to support children's learning and overall well-being. If your child has a chronic condition, please contact me as soon as possible to set up a time to discuss your child's needs. If you have a child who will require medication during the school day, you will need to be aware of the policies that have been put in place to ensure the health and safety of children needing medication during the school day. We require forms to be on file in your child's health record before we begin to give any medication at school all of which can be found at:

http://www.hwschools.net/uploaded/Health_Office/Miles_River/District_Nurses_Medication_Information.pdf

Medication should be delivered to the school in a pharmacy or manufacturer-labeled container by you or a responsible adult whom you designate. Do not send the medication with your child. Please ask your pharmacy to provide separate bottles for school and home. No more than a thirty day supply of the medication should be delivered to the school. If you have a child who has an allergy requiring an Epi-pen, or asthma requiring medication during the school day, please complete and return the Emergency Action Plan and the Asthma forms which can be found again at:

http://www.hwschools.net/uploaded/Health_Office/Miles_River/District_Nurses_Medication_Information.pdf

I am so happy to be working here with your children and the staff of Miles River.

Please contact me when I can be of any assistance.

Sincerely,

Maribeth Ting, MSN, RN, NCSN (she, her)

Miles River Middle School Nurse

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